

February Camp Sawtooth Camping List

- Cross-country skis and/ or snowshoes
Please contact Quartermaster or adults if need to borrow a pair
- Layers of clothing to keep warm for 3 days
(We will based out of the heated lodge)
- Winter socks – many pairs. Best combination is a light silk or polypro socks with heavy wool socks
- Snow Pants and/ or overalls (available at thrift stores for \$3-\$5 with wool being best).
- Heavy coat
- 2 Wool sweaters or polar fleece sweatshirts
- 2 Long sleeve shirts (wool or synthetic fiber for good insulating quality)
- 2 Sets of long underwear (if buying new, look for 100% synthetic fabric, not "waffle pattern" cotton blend).
- Sturdy, insulated winter boots with liners
- Plastic bags to store everything
- Winter gloves or mittens (as many as you own and can borrow! Wool is best)
- 2 Warm hats *one must be worn at all times (one for sleeping *only-sleeping* hat should be designed to stay on at night).
- Sleeping bag (if sleeping outside see winter campout gear list)
- Additional sweat pants & sweat shirt & socks for sleeping only! Change all of your clothes, including your long underwear, inside your sleeping bag when you go to bed.
- Good quality whistle on neck chain or / signal mirror, pencil, paper, Scout Handbook, compass, sunscreen, sunglasses, and pocketknife
- 2 One-Quart water bottles, filled ("Nalgene" bottles can be filled with hot water for inside sleeping bag if cold or caving)
- Flashlight & extra batteries
- Small first aid kit (you can make your own: BSA handbook, page 289).
- Book or other material to read
- Matches in a zip-lock bag Totin' Chip, Firem'n Chit, fire starting material
- Toilet paper (half a roll in a zip-lock bag).
Toothbrush/ paste
- Class A Scout uniform
- Small amount of snack food (balanced, not high sugar)

Ideally, you're clothing is layered.

So your lower torso have long legged underwear as the base, a pair of sweats or similar material on top of this, and a ski pants on the outside.

The upper torso have long legged underwear as a base, a long sleeve wool shirt, and a wool sweater. A ski/ winter jacket available if needed.

The feet have wool socks with lined winter boots. Toes need to be able to move around. Tight fitting boots will reduce circulation and lead to cold feet.

The head have a stocking hat on at all times. The hands have a pair of gloves on.

The goal is to keep warm and dry so you can enjoy the winter outdoors – not just survive the cold. Layering and using your gear correctly is very important. No hat and gloves leads to a cold body; not just cold hands and head.

**** No cotton****